

Who you can tell?

You can tell a trusted adult, a friend, call the child line which is 0800111, if you have been bullied,

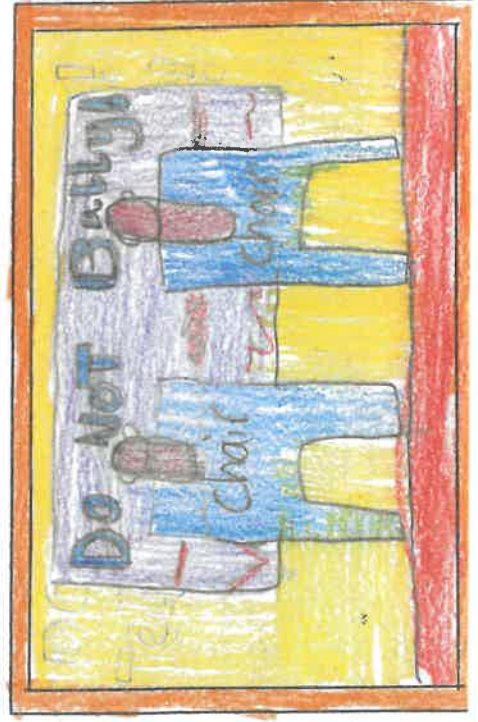


Online. You can also tell teachers and your parents. You must never keep being bullied to yourself!

All about me!



Keep your personal information safe. When chatting or posting online don't give away things like your full name, password or home address!



Is the information reliable?

You cannot trust everything you see online as some things can be out of date, inaccurate or not entirely true.

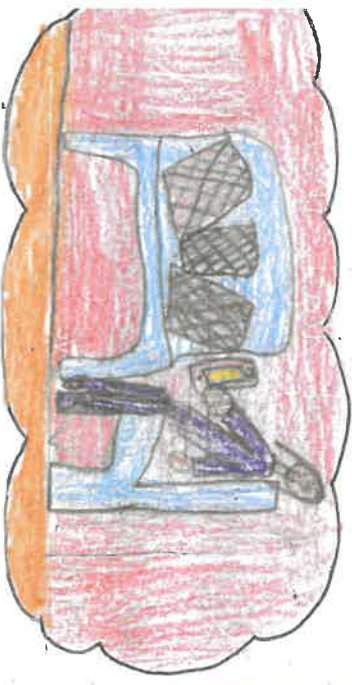


To find reliable information compare at least three different websites, check in boxes and talk to someone about what you have found.

Be kind and respectful to others!



Make the internet a better place by helping your friends if they're worried or upset by anything that happens online. Don't be rude online!



Being safe online



By Kelly at school

