

## I am here to help

My name is Betty,  
I am Lucy's Dementia carer,  
This is how I help:  
When Lucy gets confused,  
I am here to help,  
When Lucy gets worried,  
I am here to help,  
When Lucy needs to wash,  
I am here to help,  
Lucy has Dementia,  
I am here to help.

My name is John,  
I work on Lucy's bus,  
This is how I help:  
When Lucy doesn't know where she is going,  
I am here to help,  
When Lucy forgets where to get off,  
I am here to help,  
When Lucy needs help when paying for her fare,  
I am here to help,  
Lucy has dementia,  
I am here to help.

My name is Lucy,  
I have dementia,  
When I need help:

Betty is compassionate,  
When I need help:  
John is patient.  
  
Dementia makes me:  
Mad and sad,  
Confused and angry,  
Lonely and frustrated,  
But people like John and Betty  
Make it better,  
They are my Dementia Angels!

My name is Josie,  
And I am Lucy's daughter,  
This is how I help:  
When mum forgets who I am,  
I remind her of my childhood memories,  
When mum gets scared and lashes out,  
I comfort her.  
  
When mum got diagnosed with Dementia,  
I knew even through the challenging and tough times,  
She would ALWAYS be my mum and those gaps in her mind wouldn't make a difference-  
She will ALWAYS be my mum.

Dementia will not define her!