



Tick once completed!

MEGA ACTIVE COCONUTS

Players - Any number!
Equipment - 5 small objects and
some that can be thrown!
Space - Anywhere, any size!

1. Each player will need 1 soft object to throw and need to be stood opposite each other; roughly 5 strides apart to start off.
2. 5 small objects (the coconuts) need to be lined up across the middle, equal distance from each player.
3. Players take it in turns to throw their soft object, trying to hit one of the coconuts.
4. If they hit a coconut, they pick it up and bring it back to their spot. If they miss, they pick up their soft object and the next player has their turn.
5. Player with the most coconuts when they've all been hit wins 1 point; reset and first to 3 points is the winner!

GAME BOOSTS

Increase or decrease: size of the coconuts, distance from the coconuts, or points needed!

1 player: time how long it takes you to hit all the coconuts - beat your PB!

Do it in teams if there are enough players!

Have a tournament if there are more than 2 players!

