

## **PE & SSPF November 2019**

LB presented a report (copy on file) and talked the Governors through some of the highlights.

BiggHarts (Biggin & Hartington) continue to access sporting events together at QEGS. The collaboration helps our small schools enter events as a team. TB asked LB if she could provide results, photos etc to update the Sports display in school.

The Youth Sports Trust have produced an article about the AAA work undertaken with our school (copy to Governors, on web site & on file). This term they have experienced the dressing of the well and willow weaving. In October the 'Silver Sports' will be taught a new activity 'New Age Curling'. On October 11<sup>th</sup> the YST will be videoing the session to highlight the social and physical benefits of the programme.

The Well Dressing raised a total of £41.83 this will be donated to Ashbourne food Bank.

This year we have achieved the Gold Sports Mark level. Thank you to LB for all her hard work and dedication to this subject.

On Friday 27<sup>th</sup> September the children will be taking part in the SUD initiative (Stand up to Derbyshire) which also falls on Macmillan Coffee Morning. This year the children will come to school in sports clothes, undertake sporting activities throughout the day and hold a Macmillan bingo, Tea/Coffee and cake afternoon. It is hoped all Governors, parents and community members will support.

NHS have produced a 'Physical Activity Guidelines for Children' document. A copy is to be placed in the PE file and on the web site. It states that all children should undertake a minimum of 60 minutes' activity per day.

The PE&SSPF impact document has been completed and placed on the web site.