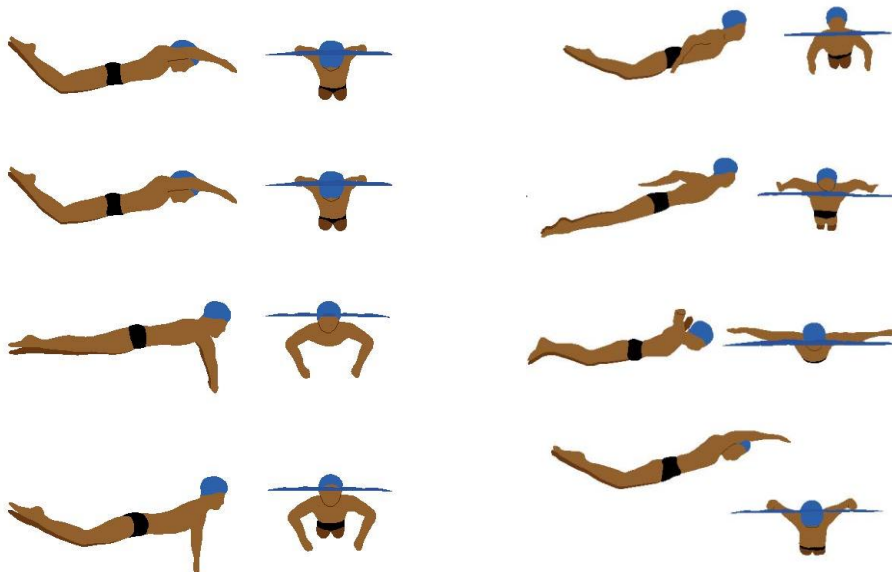


Butterfly

Worksheet



Question	Answer
1. How many kicks are there to every arm cycle?	
2. A breath is taken when the XXX	
3. Both arms pull XXX	
4. The hands push the water XXX	
5. The toes are always XXX	
6. The feet are always XXX	
7. The eyes look XXX	
8. The kick starts at the XXX	
9. The hands enter XXX	
10. When kicking down, the legs XXX	

Answers to choose from:

bend and then straighten	at the same time	together	hips	backwards
two	mouth is clear	forward	in front of the head	pointed

