



Early Years and SEN
Education Consultancy

Sensory Play – Edible Play dough Tuff Tray Indoor/Outdoor Activity



Choose your Learning Objective for each child or focus as a group:

1. Exposure to texture activity
2. Fine-motor- finger isolation skills
3. Fine-motor- finger & hand strength
4. Crossing the midline – targeting activity
5. Mark making
6. Creative development
7. Imaginative play & roleplay
8. Cause & effect activity

To create this yourself you will need:

Equipment Required:

Cooked Play dough recipe=

- **1 cup Flour, ½ salt, 2 tbsp cream of tartar, 1 tbsp oil, 1 cup water**
- **Apple flavouring (or any edible flavouring), red food colouring**
- **Combine all in a pot. Mix & cook until dough consistency**
- **Rolling pins, cutters, moulds & knives**

Have FUN! & please feel free to send me pictures of your versions of this having fun with your little learners.

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