



We're excited to share our Virtual Lessons!

Topic	Week	Lesson focus area	Links to Lesson
Resilient Rammie These lessons are designed to increase resilience, self-esteem and teamwork.	1	What do we mean by 'resilience'	https://youtu.be/JmQsqgpRjF0
	2	Positive thinking	https://youtu.be/riValnGFvrM
	3	Self Esteem	https://youtu.be/D3k9nYhGoZE
	4	Strengths and Areas for Improvement Setting Goals	https://youtu.be/ZUDc193ErW4
	5	Steps to Success	https://youtu.be/pMeez-LDfIA
Reading Stars These lessons aim to stimulate literacy engagement in children who love football.	1	The purpose of reading and sources of information	https://youtu.be/fNvcW5aPd9c
	2	5 Finger Rule and Blurbs	https://youtu.be/LErmLHHQd4A
	3	In the news – Magazines vs Newspapers	https://youtu.be/52bEACIEvBA
	4	Player Profile – fact or opinions	https://youtu.be/M9fXlkp02O8
	5	Poetry Slam	https://youtu.be/1Vb9AbavAHk
Physical Education These lessons will provide simple to follow PE activities to enjoy together to enable children to continue to develop their skills. You don't need to be in PE kit or have lots of equipment as we've adapted the activities.	1	Underarm throwing	https://youtu.be/7vuDG6TYWY8
	2	Overarm throwing	https://youtu.be/o1kpXFfar34
	3	Hand eye co-ordination	https://youtu.be/1psNauQN8xs
	4	Balance	https://youtu.be/GQzx-KY6gUY
	5	Agility	https://youtu.be/Tz337szGoG4
Matchday Maths These lessons use physical activity to engage and motivate pupils around key numeracy skills	1	Greater Than and Less Than	https://youtu.be/CeEsBEfa6dc
	2	Addition	https://youtu.be/R1Y9IfGfrw4
	3	Subtraction	https://youtu.be/YNNSG4YOajA
	4	Multiplication and Times Table	https://youtu.be/RhrX1kBrork
	5	Division	https://youtu.be/IMYwiL-RuTw



/DCCTSuperSchools



/DerbyCountyCommunityTrust



/DCCTOfficial

info@derbycityssp.co.uk

derbycityssp.co.uk

derbycountycommunitytrust.com





Physical Activity These sessions will encourage children to be physically activity with a different sport theme each week. All activities have been developed so everyone can have a go using equipment found in the home and in whatever space you have available.	1	Golf #stayinworkout	https://youtu.be/sws4oqXuWZw
	2	Football #stayinworkout	https://youtu.be/MkzItJq6zQg
	3	Netball #stayinworkout	https://youtu.be/Vlfk1BAm3lY
	4	Orienteering #stayinworkout	https://youtu.be/ogLdTjzgVU4
	5	Fitness is FUN	https://youtu.be/E0qs4nuEdGl

NEW: Connecting Generations #GetInTouch Virtual Lesson

The Premier League are encouraging fans and pupils to #GetInTouch with an older relative, friend or neighbour who may be isolated due to the Coronavirus pandemic, you can #GetInTouch by writing a letter, drawing a poster, making a phone or video call to someone to help them feel supported during the current times.

We've filmed a **NEW Virtual Lesson** for children to watch and help them get involved in #GetInTouch:

<https://youtu.be/eHYW03NiPgE>

Click here to access the Premier League resources: <https://plprimarystars.com/resources/connecting-generations>

Please use the resources & share your work with us at @DCCTOfficial & @PLCommunities

Links to worksheets:

Reading Stars

- 5 finger rule: <https://www.derbycountycommunitytrust.com/wp-content/uploads/2020/05/5-Finger-Rule.pdf>
- Billy Bonkers: <https://www.derbycountycommunitytrust.com/wp-content/uploads/2020/05/Billy-Bonkers.pdf>
- Why did I choose that book: <https://www.derbycountycommunitytrust.com/wp-content/uploads/2020/05/Why-Did-I-Choose-That-Book.pdf>



/DCCTSuperSchools



/DerbyCountyCommunityTrust



/DCCTOfficial

info@derbycityssp.co.uk

derbycityssp.co.uk

derbycountycommunitytrust.com

