

When you are at school, it is really important that you wash your hands really well lots of times each day (you can sing some great songs while you do this to make it fun and do it right!). You need to try not to touch the other children and adults too much when you are playing or learning. This is to keep everyone as safe as possible.



When you are at home, it is also important that you do not visit people in your family who do not live with you. Of course you can still see your mummy or daddy if they do not live with you. It may make you feel sad that you cannot go to your grandads' or auntie's house to see them. But you will be able to say 'hi' by phone or on a video call. When you are at school, you could make them a card or draw them a picture – there are lots of lovely ways to stay in touch.

You are doing a really important job by going to school so your mum or dad can keep working. This is a really important thing to do so we can help keep everyone safe.



Just think how exciting it will be when you can see all your family and friends again, and have lots of fun!