Tick once completed!

KiddiActi

MEGAACTIV COPY CAT

Players - Atleast 2 players! Equipment - None! Space - Anywhere, any size!

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MEGA

Establish a playing area big enough for you to move around in. 1 player (Cat) is in charge to start and the other players queue behind the Cat! 1. 2. Players will need to follow the Cat wherever they go and copy all of their behaviour throughout. The Cat must use a range of movements and change direction frequently to keep the players following them 3. engaged and on their toes! However, if the Cat turns around to face the other players, the player at the back of the queue becomes 4. the new Cat and leads the others! 5. Continue the game with every player getting a chance to lead as the Cat. Try and explore all different ways of travelling as well as body movements!

GAME BOOSTS



Set a time limit for how long a player can be the Cat! Try different ways of travelling: walking, jogging, crawling, rolling, skipping, hopping etc. Introduce body movements: swing your arms, kick your legs, shake your hips, wriggle your body etc.