



Tick once completed!

MEGA ACTIV

CROSS THE SWAMP

Players - Any number!
Equipment - Small objects you can stand on e.g. Books, Clothes, Mats
Space - Any size!

1. Each player will need the same amount of objects they can stand on; 8 each is about right!
2. A start and finish point need to be agreed to show the swamp; 10 large strides is big enough to start!
3. Players need to be next to each other at the start, with their objects, facing towards the end point.
4. When players pass the start, they must get to the end point without stepping in the swamp. Players must use their objects to cross the swamp by making a path and standing on their objects.
5. If a player touch's the swamp (floor) at any point, they must pick up all their objects and start again. First to cross gets a point; first to 3 points wins!

GAME BOOSTS

Increase or decrease: size/number of objects, size/length of the swamp, or points needed!
1 player: time how long it takes you to cross the swamp- beat your PB! Do it in teams if there are enough players!
Knock-out: Slowest player each round leaves the game. Last player in is the winner!

