



We're excited to share our Virtual Lessons!

Topic	Week	Lesson focus area	Links to Lesson
Resilient Rammie These lessons are designed to increase resilience, self-esteem and teamwork.	1	What do we mean by 'resilience'	https://youtu.be/JmQsqgpRJF0
	2	Positive thinking	https://youtu.be/riValnGFvrM
	3	Self Esteem	https://youtu.be/D3k9nYhGoZE
Reading Stars These lessons aim to stimulate literacy engagement in children who love football.	1	The purpose of reading and sources of information	https://youtu.be/fNvcW5aPd9c
	2	5 Finger Rule and Blurbs	https://youtu.be/LErmLHHQd4A
	3	In the news – Magazines vs Newspapers	https://youtu.be/52bEACiEvBA
Physical Education These lessons will provide simple to follow PE activities to enjoy together to enable children to continue to develop their skills. You don't need to be in PE kit or have lots of equipment as we've adapted the activities.	1	Underarm throwing	https://youtu.be/7vuDG6TYWY8
	2	Overarm throwing	https://youtu.be/o1kpXFfar34
	3	Hand eye co-ordination	https://youtu.be/1psNauQN8xs
Matchday Maths These lessons use physical activity to engage and motivate pupils around key numeracy skills	1	Greater Than and Less Than	https://youtu.be/CeEsBEfa6dc
	2	Addition	https://youtu.be/R1Y9IfGfrw4
	3	Subtraction	https://youtu.be/YNNSG4YOajA
Physical Activity These sessions will encourage children to be physically activity with a different sport theme each week. All activities have been developed so everyone can have a go using equipment found in the home and in whatever space you have available.	1	Golf #stayinworkout	https://youtu.be/sws4oqXuWZw
	2	Football #stayinworkout	https://youtu.be/MkzItJq6zQg
	3	Netball #stayinworkout	https://youtu.be/VIfk1BAm3lY
Links to worksheets: Reading Stars <ul style="list-style-type: none"> • 5 finger rule: https://www.derbycountycommunitytrust.com/wp-content/uploads/2020/05/5-Finger-Rule.pdf • Billy Bonkers: https://www.derbycountycommunitytrust.com/wp-content/uploads/2020/05/Billy-Bonkers.pdf • Why did I choose that book: https://www.derbycountycommunitytrust.com/wp-content/uploads/2020/05/Why-Did-I-Choose-That-Book.pdf 			